


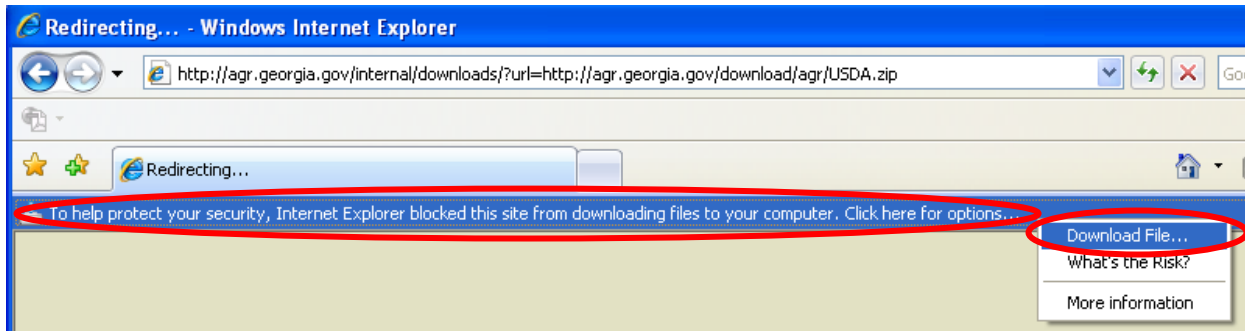
# Ethnic Food Training Guide Download Instructions

1. Click on the link titled Ethnic\_Food\_Training\_Guide.zip on the Food & Safety page on [www.agr.georgia.gov](http://www.agr.georgia.gov).

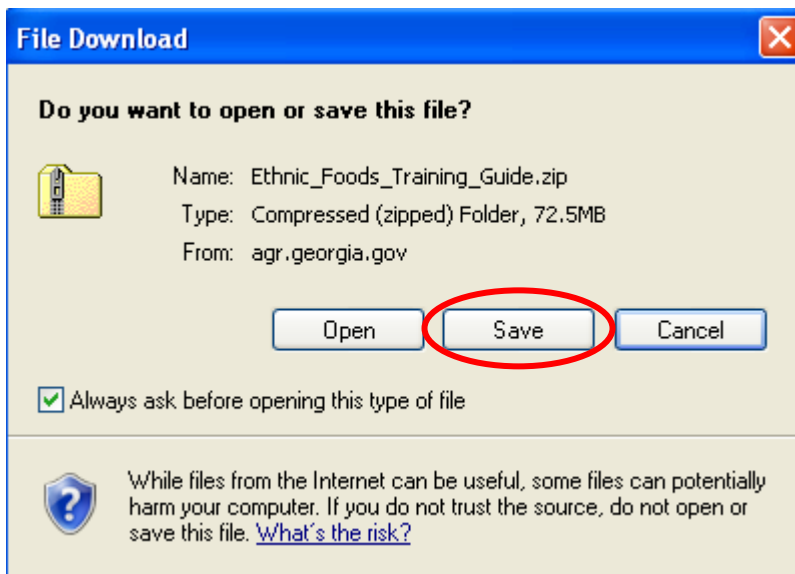
## Associated Document(s):

 ZIP [Ethnic Foods Training Guide.zip](#)

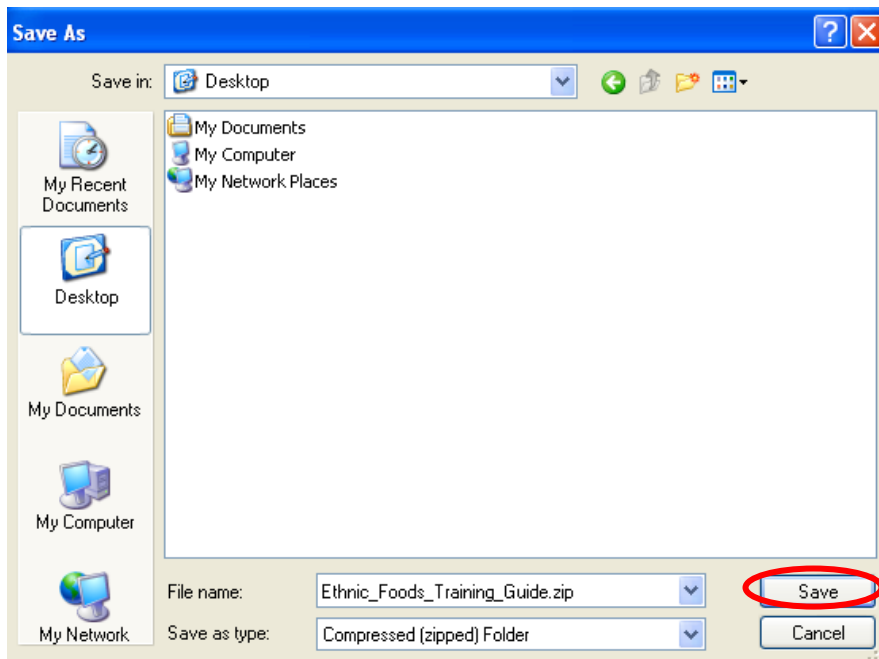
2. Click the yellow bar that appears at the top of the page. Then click on Download File as shown below.



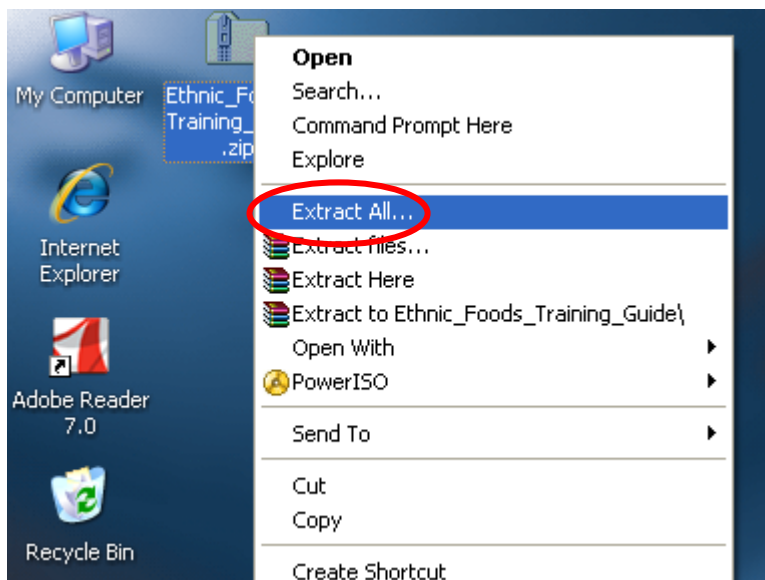
3. Click Save, as shown below.



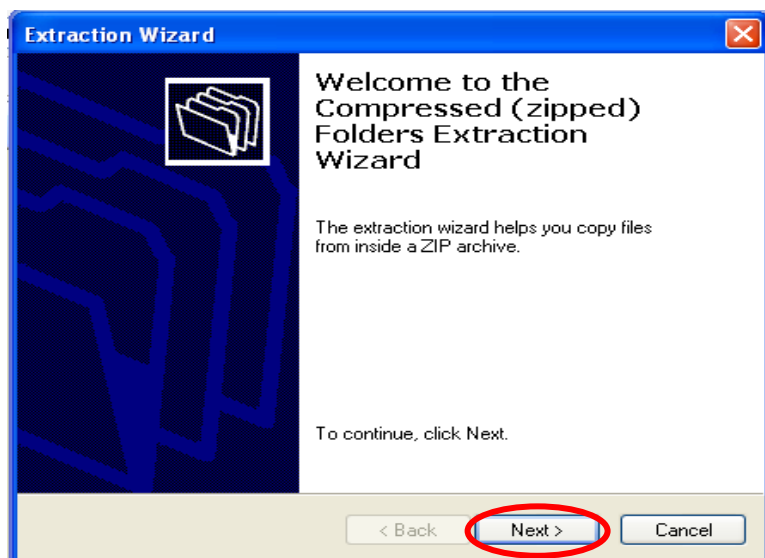
4. Save the files to a known location on your computer (i.e. Desktop, My Documents).



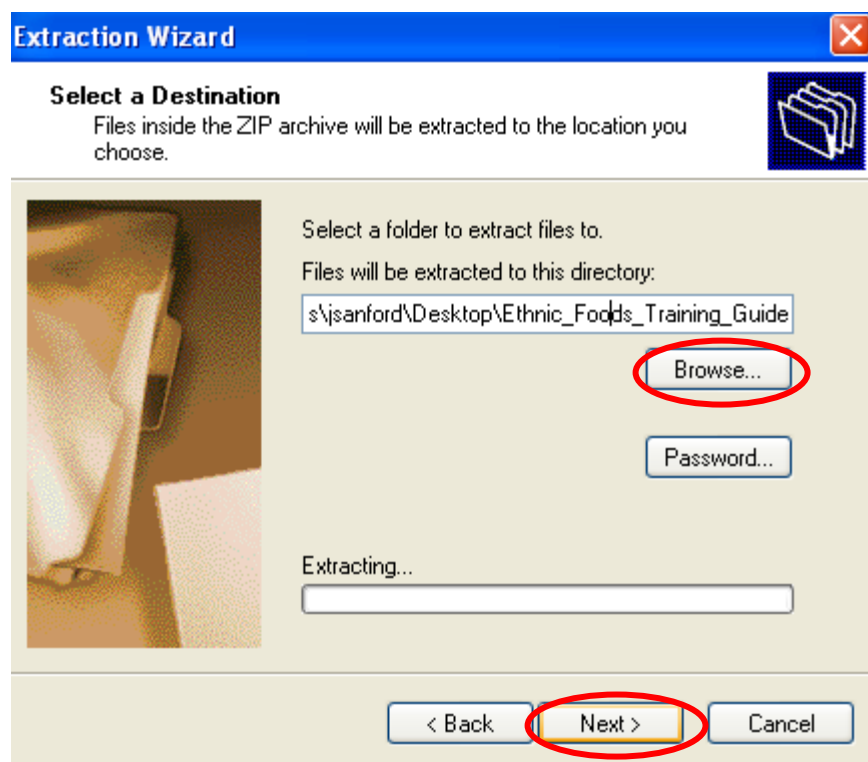
5. Go to the location where you saved the above file. Right click on the file and click Extract All as shown in the figure below.



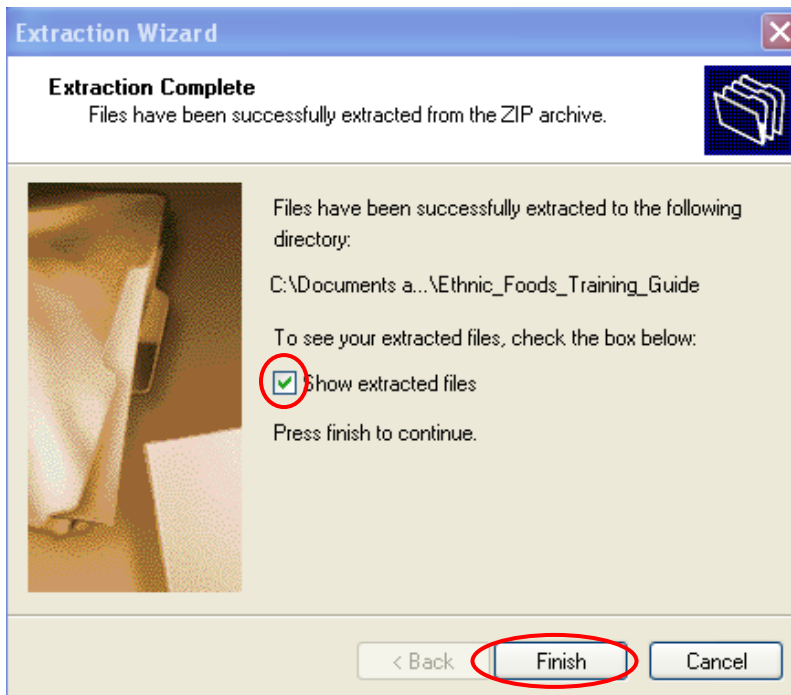
6. Click Next on the Extraction Wizard screen, as shown in the figure below.



7. Click Next, as shown below.



8. Make sure the Show extracted files box is checked and then click Finish.



9. Double-click the file USDA.exe as shown in the figure below.



10. Click Run, as shown in the figure below. From this point your program will run.



Note: If some of the features do not display when you run the program. Try installing Adobe Flash Player on your computer. Go to [www.adobe.com](http://www.adobe.com). After installing repeat Step 9. If this doesn't work make sure you selected Save and not Open in Step 3.